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Effect of Three Diets on Growth and Survival Rates of African Catfish *Heterobranchus bidorsalis* Larvae

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Abstract

Investigations are underway in the Centre de Recherches Océanologiques d'Abidian (Côte d'Ivoire) to find whether the catfish (Heterobranchus bidorsalis) could be an interesting aquaculture species. Within this framework a 28-day aquarium culture feeding trial was conducted to investigate the effects of three diets (Artemia salina nauplii, beef brain enriched with vitamins, and a compound food) on the growth and survival rates in 2-day post hatch *H. bidorsalis*. The feeding experiments started after the yolk sac of the larvae was absorbed (initial mean weight = 2.03±0.38 mg). Larvae fed Artemia nauplii had a higher growth rate (final mean weight = 708.60 ± 411.61 mg] than those fed beef brain (381.81±118.88 mg) or compound food (102.72±48.09 mg). Conversely, the beef brain diet yielded a better survival rate (70.47±9.48%) than the Artemia nauplii (38.72±7.74%) or the compound diet $(5.37\pm2.24\%)$. Thus, beef brain can be used as a starter food for larval rearing of *H. bidorsalis*.

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Introduction

Catfishes are important commercial species throughout the world, especially in the intertropical zone of Africa (Teugels, 1994). Species such as *Heterobranchus longifilis* and *Clarias gariepinus* are widely cultured for their growth performance, resistance to intensive rearing conditions, and meat quality (Kerdchuen, 1992; Imorou Toko et al., 2008). However, in African catfish culture, supply of fingerlings for commercial production appears to be a major constraint.

Many investigations have shown that this weakness could be related to difficulties encountered during the early stages of culture. In addition to the effects of stocking density, weaning time and feed quality affect the success of larvae culture and mortality records show that cannibalism during the larval stage is a major constraint in fingerling production.

Brine shrimp (*Artemia* sp.) nauplii or decapsulated cysts are excellent starter feeds for freshwater and marine fish species (Legendre and Teugels, 1991; Dhert and Sorgeloos, 1994; Lavens and Sorgeloos, 1996; Olurin and Oluwo, 2010) but are very expensive for African fish culturists (Imorou Toko et al., 2008). Compound feeds based on yeast powder, beef liver, and zooplankton, which are less expensive and locally available, have been suggested as suitable alternatives (Kerdchuen, 1992; Kerdchuen and Legendre, 1994).

Some freshwater fish larvae can be reared exclusively on artificial diets from first feeding (Dabrowski et al., 1986; Appelbaum and Van Damme, 1988). A good alternative for catfish larvae is fertilization of ponds with organic fertilizers, including manure, that serve as algal nutrients and stimulate production of zooplankton that feed the growing larval population. This technique is often used to prepare new ponds for fry. Unfortunately, it does not seem to be suitable for intensive catfish culture, probably because of the high mortality (cannibalism) rates.

In the hatchery of Centre de Recherché Océanologiques d'Abidjan (CRO, Côte d'Ivoire), a diet made of beef brain enriched with vitamins is empirically used to feed catfish larvae for fry production. Beef brain was chosen because it is available, inexpensive, and easy to prepare. Likewise, its protein content is relatively high. This study was designed to evaluate the effects of this diet on growth and survival rates of *Heterobranchus bidorsalis* (Geoffroy Saint-Hilaire, 1809) larvae to see whether it could be an interesting candidate for tropical aquaculture. Comparisons are made with two other dietary treatments: *Artemia salina* nauplii and a compound feed.

Materials and Methods

Experimental fishes. Heterobranchus bidorsalis larvae were produced at the hatchery of the Centre de Recherches Océanologiques d'Abidjan using methods developed by Legendre (1986). They were counted and transferred to aquaria the day after hatching. The feed experiment began the next morning when the yolk sacs were almost completely absorbed.

Experimental diets. Three diets (*Artemia salina* nauplii, enriched beef brain, compound feed) were tested (Tables 1). *Artemia* cysts were incubated

and hatched under optimal conditions (Slembrouck and Legendre, 1988; Kerdchuen and Legendre, 1994). After 24-32 h incubation at 30°C in artificial

Table	1.	Composition	of	beef
brain and compound feeds.				

	Component	%
Beef brain feed	Beef brain	93.80
	Yolk egg	4.70
	Biacalcium	0.94
	Cod-liver oil	0.56
Compound feed	Wheat	23.00
	Fishmeal	21.00
	Soja	21.00
	Maize	17.72
	Cotton	11.40
	Copra	5.70
	Cod-liver oil	0.10
	Vitamins	0.08

seawater, the nauplii were collected, separated from the cvst shells, washed, and used as feed for the catfish larvae. The beef brain feed was prepared by blending 1 kg beef brain in a mixer with 50 g chicken egg yolk, 10 g Biacalcium (iron, zinc, manganese, calcium. phosphorus, vitamins A, D3, E, B1, B2, C, and K3; Laboratoitres Biové, France), and 6 a cod-liver oil. After mixing, the brain diet was frozen at -18°C until used. The compound dry feed was prepared from wheat, fishmeal, soyabean meal, cotton, and copra, and given as flour (Slembrouck and Legendre, 1988).

Three to five grams of each diet were used for chemical analysis (Table 2). Moisture was calculated as the difference between the fresh and the dry weights of two or three samples, weighed and dried in an oven at 105°C for 6 h. Ash was determined as the difference between the fresh and dry weights of diet samples after 12-18 h in an oven at 600°C. Protein and lipid contents were determined by the methods of Kjeldahl and Soxlet, respectively.

Table	2.	Proxim	ate		analysis	of
experimental diets (% of dry matter).						

	Diet			
	Artemia	Compound		
	salina	brain	food	
Moisture	67.58	74.29	7.64	
Ash	6.78	10.50	9.09	
Lipid	2.77	7.39	7.77	
Protein	57.28	38.63	34.56	

Water quality. The experiment took place in 50-l aquaria in a tap-water recirculating system provided with mild aeration and ribbon-like perching substrates made of nvlon nettina. About 75% of the water in the system replaced weeklv to prevent was accumulation of waste products. Water temperature and dissolved oxygen were measured daily using a YSI Model 58 oxygen meter (Yellow Springs

Instruments). pH was determined daily using a pH meter (model WTW). These measurements were performed in each aquarium every morning between 8:30 and 9:00. The mean temperature was 27.2 ± 0.2 °C, mean dissolved oxygen 5.8 ± 0.4 mg/l, and mean pH 7.2 ± 0.1 .

Experimental procedures. Larvae $(2.03\pm0.38 \text{ mg}, 6.4\pm0.45 \text{ mm})$ were randomly stocked into nine aquaria at a density of 10 larvae/l. The diets were tested in triplicate. The larvae were held in darkness and fed to excess four times per day at 9:00, 12:00, 15:00, and 18:00. Aquaria were cleaned carefully every morning by siphoning off feces and uneaten food. The feeding rate was adjusted daily, based on the biomass in each aquarium. The experiment lasted 28 days.

Data collection. Every three days, 30 larvae per aquarium (90 larvae per treatment) were randomly sampled for length and weight measurement. Total length was measured to the nearest 0.1 mm using a dial caliper. Individual body weight was taken using a Mettler balance with 0.1 mg sensitivity. The fish were placed on tissue paper and transferred to a glass beaker containing water. The beaker was weighed before and after introduction of the larvae to determine the weight of the larvae. The larvae were returned to the aquarium immediately after weighing. The number of dead fish was recorded daily. Survival (%) was determined at the end of the experiment by counting the remaining larvae in each aquarium. Coefficients of variation were determined as standard deviation \times 100/mean weight or mean total length; condition factor (%) as weight \times 100/length³, mean daily weight gain (g/d) as (Wf -Wi)/t where Wi and Wf are the initial and final mean weights of the fish and t is the duration of the growth period in days; total biomass (g) as weight of remaining larvae in each aguarium for each diet; and food conversion ratio as total amount of food consumed/Wf - Wi.

Statistical analysis. Data were expressed as means±SE. Length and weight data were log normalized log (x + 1) before analysis. The effects of diet were tested with one-way analysis of variance (ANOVA), followed by Tukey's test. Differences were considered significant when p<0.05. Statistical analyses were performed using STATISTICA 7.1 software.

Results

Growth was better in larvae fed *Artemia* than in those fed beef brain or compound feed (Fig. 1, Table 3). Survival significantly differed between diets and was better in larvae fed beef brain ($70.47\pm9.48\%$) than in those fed *A. salina* ($38.72\pm7.76\%$) or compound food ($5.37\pm1.24\%$).



Fig. 1. Total mean length (a) and weight (b) of *Heterobranchus bidorsalis* larvae fed *Artemia salina* (ART), beef brain feed (BB), or compound feed (CF) for 28 days. Vertical bars represent standard deviations between triplicates.

		Diet	
	Artemia salina	Beef brain food	Compound food
Final mean wt (mg)	708.60±411.61ª	381.81±100.88 ^b	102.72±48.09 ^c
Mean daily wt gain (mg/day)	25.23±0.81ª	13.56±5.15 ^b	3.60±1.04 ^c
Coefficient of variation of mean wt (%)	58.08±17.28ª	26.42±2.70 ^b	46.82±6.93 ^c
Total biomass (g)	137.18±45.08ª	134.53±43.38ª	2.75±0.69 ^b
Final total mean length (mm)	40.75±9.26 ^a	35.65±3.12 ^b	22.95±5.04 ^c
Coefficient of variation of total length (%)	22.72±0.52 ^a	8.75±3.45 ^b	21.97±4.28ª
Condition factor K	0.82 ± 0.10	0.87±0.07	0.82±0.23
Food conversion ratio	3.36±0.97 ^a	9.29±1.88 ^b	18.78±6.82 ^c

Table 3. Growth of *Heterobranchus bidorsalis* larvae $(2.03\pm0.38 \text{ mg}, 6.4\pm0.45 \text{ mm})$ reared in aquaria and fed one of three diets for 28 days.

Discussion

Larvae fed *Artemia salina* grew better than those fed the beef brain or the compound diet. The mean final weight, daily weight gain, and total biomass of these larvae were higher than those obtained with other diets (Kerdchuen, 1992; Kerdchuen and Legendre, 1994; Legendre et al., 1994), probably because its protein content and amino acid composition were richer than in other diets.

Artemia salina is generally accepted as an initial feed for good growth and survival of *C. gariepinus* (Hogendoorn, 1980; Verreth et al., 1993; Adeyemo et al., 1994; Appelbaum and McGeer, 1998). The low food conversion ratio obtained with *Artemia* in the present study shows that this diet was well accepted by the larvae. This result can be explained by its very high nutritive value, due to its high protein level that can reach 62% (Hamre et al., 2002). Moreover, decapsulated *Artemia salina* cysts are suitable as a starter feed for some fish larvae because they combine the advantages of live and dry diets (Vanhaecke et al., 1990; Garcia-Ortega et al., 2000; Olurin and Oluwo, 2010).

Survival was higher in the beef brain treatment than in the *Artemia* or compound diet treatments. The main reason was that larvae growth in this treatment was homogeneous, as shown by the low coefficients of variation for weight and length. Homogeneity of larval size greatly reduced cannibalism which, according to Baras et al. (1999), starts in vundu catfish four days after hatching and decreases when a mean weight of 30 g is reached.

The compound feed produced the lowest growth and survival because small fish are not acclimated to pelleted feed and have a less-developed digestive tract. Similar results were found in *C. lazera* (Hogendoorn, 1980), *C. gariepinus* (Verreth and Van Tongeren, 1989), *H. longifilis* (Kerdchuen, 1992; Kerdchuen and Legendre, 1994), wallago attu (Giri et al., 2002), and *Clarias macrocephalus* (Evangelista et al., 2005). These authors showed that low growth could be related to the development stage of the larval digestive system: larvae of this age cannot fully digest such food. These reasons can explain why the compound diet was not well assimilated, i.e., had a high food conversion ratio. Although many species are weaned only after complete

development of their digestive system, red drum (*Sciaenops ocellantus*) and gilthead seabream (*Sparus auratus*) have successfully been weaned to microparticulate diets after only a few days on live foods (Holt, 2000).

Although very little is known about the nutritional requirements of *H. bidorsalis* larvae, beef brain proved to be suitable for rearing larvae. Survival was better with beef brain than with *Artemia salina*. The ingredients of the beef brain diet are locally available and relatively inexpensive compared to *Artemia* nauplii. Therefore, it can be recommended that beef brain be used as a substitute for *Artemia* nauplii during larvae rearing.

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